



ECCLESHALL
PARISH COUNCIL



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COVID-19

Where can you get help?

**Local
support**

**Mental
Health**

**Bereavement
Counselling**

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**Financial
issues**

**Health &
Wellbeing**

**Stafford
Borough/County
Council**

Government advice

What you need to do		www.gov.uk/coronavirus	Corona virus advice
National Shielding Service System	01785 619000	www.gov.uk/coronavirus-shielding-support	Advice if you are shielding

Local Support

Eccleshall Cares	07534 914629	www.eccleshallcares.co.uk Food and essentials shopping and delivery, prescription collection and delivery, free food and essentials support for financial emergencies.	Community support
Crown Surgery	01785 850226	www.crownsurgery.org.uk	Doctors District Nurses Midwives
Eccleshall Parish Council	01785 282296	www.eccleshallparishcouncil.co.uk	Helping Hand Fund
British Legion	01785 850103	http://counties.britishlegion.org.uk/counties/staffordshire	Retired service personnel
SSAFA Staffordshire	01785 212 680	Staffordshire.branch@ssafa.org.uk	Service personnel
Royal Voluntary Service	0808 196 3646	www.nhsvolunteerresponders.org.uk	Home help

Mental Health

Mental Health support	Links to other groups	https://www.staffordshire.gov.uk/Advice-support-and-care-for-adults/Keeping-well-and-staying-healthy/Mental-health.aspx	Staffs County Council list of support services
Mental Health Helpline	0808 800 2234 Text message: 07860 022821	https://www.brighter-futures.org.uk/ helpline (7pm-2am (weekdays), 2pm-2am (weekends))	Brighter Futures
Samaritans	116 123	https://www.samaritans.org/	24 hr Crisis support helpline
Access Service for Adult Mental Health	0808 196 3002	https://www.mpft.nhs.uk/	NHS Midlands Partnership Foundation Trust

Financial Issues

Citizens Advice Bureau – Local Housing and Debt	07736 929 523 or 07736 929 525	www.citizensadvice.org.uk	Housing and debts
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Citizens Advice Bureau – Other support	Local advice line: 0808 278 7874	email: call-back@citizensadvice.org.uk	Other issues
Turn2us	0808 802 2050	www.turn2us.org.uk	Benefit support
Warmer Homes Stafford	0800 677 1785	www.warmerhomesstafford.org.uk	Combats fuel poverty
Social Services	0300 111 8010	www.staffordshire.gov.uk/Advice-support-and-care-for-adults	Social support

Bereavement Counselling

Bereavement Service	01785 242594	www.staffordbc.gov.uk/bereavement-services-bereavement-support	SBC
Bereavement & Loss Support Service	01785 273 768	http://www.staffordbereavementsupport.org.uk	Stafford and District Bereavement service

Stafford Borough Council

Corona Virus support	01785 619000	https://www.staffordbc.gov.uk/coronavirus	SBC support
Food Banks	01785 619000	https://www.staffordbc.gov.uk/local-food-banks-information-and-opening-times	Access to food
Talk to us	01785 619000	www.staffordbc.gov.uk/talk-to-us	Advice

Health & Wellbeing

Support Staffordshire	0300 777 1207	https://www.supportstaffordshire.org.uk/ info@supportstaffordshire.org.uk	Community support portal
New Era	0300 303 3778	http://www.new-era.uk/	Relationship Abuse support
Staffordshire Victim gateway.	0330 0881339	www.staffsvictimsgateway.org.uk/ email help@staffsvictimsgateway.org.uk	Support for victims
National Careers Service West Midlands	07879 603635	https://nationalcareers.service.gov.uk/ email: kulwinder.manak@prospects.co.uk	Redundancy & lost jobs.
NHS track and trace for £500 self isolating grants	01785 619000	www.gov.uk/test-and-trace-support-payment	Access to grants if self -isolating
Stoke on Trent & Staffordshire Well Being Service.	0300 303 0923	https://www.staffsandstokewellbeing.nhs.uk/	NHS support
Katharine House support	01785 254645	www.khhospice.org.uk email: care@khhospice.org.uk	Hospice and support services
Staffordshire Women's Aid	0870 2700123	https://www.staffordshirewomensaid.org	Domestic violence
Age UK Staffordshire	01785 788477	www.ageuk.org.uk/staffordshire/	Support for the elderly

Staffordshire Voluntary Youth Services	01785 240378	https://staffscvys.org.uk/	Support for youth
Social Services	0300 111 8010	www.staffordshire.gov.uk/Advice-support-and-care-for-adults	Support for adults
NHS advice on Symptoms	111	https://www.nhs.uk/conditions/coronavirus-covid-19/	
Stafford's Family Hub	07711 349553	https://www.staffordshire.gov.uk/Coronavirus/Help-and-support/Family-Hubs.aspx	Advice on where to get help
Everyone Health Staffordshire	0333 005 0095	https://staffordshire.everyonehealth.co.uk/services/social-isolation-loneliness/	Social isolation and loneliness



For any further information please visit the following webpages:

Eccleshall Parish Council
www.Eccleshallparishcouncil.co.uk
 Email eccleshallpc@gmail.com
 Tel: 01785 282296

Stafford Borough Council
www.staffordbc.gov.uk/talk-to-us
 Tel: 01785 619000

Staffordshire County Council
www.staffordshireconnects.info
 Email: staffordshire.connects@staffordshire.gov.uk

This leaflet is produced by Eccleshall Parish Council.

All information was correct at time of going to press. This is not an exhaustive list of organisations but we hope it provides a starting point to access help and support.